



DIVISION OF PHYSICAL MEDICINE AND REHABILITATION

Department of Medicine
University of Toronto

September 2023

Monthly update Newsletter

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1. Welcome to new faculty members

We are very pleased to welcome Dr. Emma Mauti to the full-time faculty. Emma is a full-time lecturer based at TRI and will be seeing patients for cancer rehabilitation, EMGs, and other clinical areas. As many of you know, she completed her residency with us followed by a fellowship in cancer rehabilitation. We are very pleased to welcome Emma to our faculty who can be reached at: emma.mauti@uhn.ca.

We are also very pleased to welcome Elysia Adams to our faculty. Elysia is an adjunct lecturer based at Providence Healthcare, which is a part of Unity Health. Elysia will be participating in a number of our educational programs. Many of you will remember Elysia from her residency with us and we are happy to have her as a member of faculty. Elysia can be reached at: elysia.adams@unityhealth.to.

2. U of T, Department of Medicine Resident and Fellows Graduation Ceremonies 2023

Congratulations to all U of T graduating residents and fellows in 2023 in the Department of Medicine. Lisa Becker participated in the ceremony which took place in early June 2023.



3. U of T, Toronto PM&R Conference approaching

The Toronto PM&R Conference will be held this fall on November 10, November 17 and November 24. Two of these sessions will be virtual with an outstanding set of presentations by faculty. The November 10th session will be a demonstration of the ECHO (Extended Community Health Outcomes) approach to education and care. The November 24th session will feature excellent physiatry and surgical faculty who are experts in shoulder pain. Our in-person session at Bridgepoint on November 17th, will be limited and will focus on physiatric procedures in upper limb syndromes. Please see the attached PDF for more details.



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- Ralph Manktelow lecturer in hand surgery at TRI on November 3rd
We were happy to hear that that the 2023 Ralph T. Manktelow Lectureship in Hand Surgery will be held at Toronto Rehab Institute (UC) on November 3rd. It will feature Mark Baratz who is a clinical professor in orthopaedic surgery at the University of Pittsburgh. The title for his talk is, "It's all about harmony". This is a particularly relevant talk given our expanding harmonious relationship with our surgical colleagues. Please do try to attend this excellent talk. More information can be found at:
<https://www.uoftplasticsurgery.ca/save-the-date-annual-ralph-t-manktelow-lectureship-in-hand-surgery/>
- Canadian Peripheral Nerve Symposium in London, Ontario on October 20th
We encourage you to attend the 7th Annual Canadian Peripheral Nerve Symposium in London on October 20th. There is a wide variety of topics of interest to many including pain after peripheral nerve injury, restoration of function after amputation, upper extremity compressions, and other areas. This is also a chance to network with colleagues from across the country not only in PM&R but in neurology and surgically-related specialties. Please see the attached brochure for more information and link below.
<https://www.sjhc.london.on.ca/events/7th-annual-canadian-peripheral-nerve-symposium>
- Regenerative orthopaedic medicine conference to be held in Victoria B.C., at the end of October
Gordon Ko has alerted us to the upcoming regenerative orthopaedic medicine conference sponsored by the Canadian Association of Orthopaedic Medicine. Please see the attached brochure and link below for more information.
<https://caom.ca/caom-conference-2023/>
- Sivakumar Gulasingam takes on a new medical role with International Paralympic Committee
Sivakumar has been appointed as one of two medical delegates with International Paralympic Committee's (IPC) World Para Athletics (WPA) since December 2022. In his new role, he will be working with IPC in collaborating medical services at all major para athletics events along with local organizing committee (LOC) to ensure code compliance and para athletes medical services. He was at the Paris 2023 World Para Athletics Championships providing coverage in his new role.



Left to Right:

Natasja ter Veer (Classification Coordinator), Sivakumar Gulasingam (IPC-WPA Medical Delegate), Adrien Baluduzzi (Director of Games Paris23), Games Mascots Louba and Viggo.

- Do you want to get more involve in residency education?
Then we have some suggestions for you! We are currently looking for faculty to lead two important key roles in the residency program as MRCE Lead and Academic Half Day Coordinator for the Neuro Curriculum. These are both important and highly visible roles and participation as a full-time faculty member will speak toward your contributions to education in the division and would play a role during any promotion opportunities.
Any of our full-time faculty who are interested in taking on these important roles, please reach out to Lisa.Becker@uhn.ca for more details.



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We also want to take this opportunity to thank the faculty members who have recently held these roles.

- MRCE Leads – McKyla McIntyre and Rebecca Titman
- Neuro Academic Half Day Coordinators – Heather MacNeill, Audrey Yap and Kim Coros

9. Seeking qualified academic physician for Head Injury Clinic at St. Michael's Hospital

The Department of Surgery at St. Michael's Hospital and U of T are seeking a physician to support the outpatient demands of the Head Injury Clinic at St. Michael's Hospital. Applications are now being accepted with a closure date of October 31, 2023 and can be sent to Chantal.Vaidyanath@unityhealth.to and Andrew.baker@unityhealth.to. Please see enclosed PDF.

10. Adam Kassam shares thoughts as OMA past president in recent Ontario Medical Review article

OMA past president Adam Kassam was cited in the July 19, 2023 issue of Ontario Medical Review. He shares his experience and looks back on the role and its challenges, and how it deepened his understanding of the association's leadership role. Please see the link below for the full article.

<https://www.oma.org/newsroom/ontario-medical-review/latest-issue/summer-2023/past-oma-presidents-encourage-others-to-lead-advocacy-for-doctors/>

11. Should we tell jokes to our patients?

For those of you who are interested in using humour in a clinical application, or who suffer from Witzelsucht (like Larry Robinson might), there is new evidence supporting use of humour in clinical settings. Many thanks are extended to Robert Simpson who alerted us to the attached article covering the impact of humour on people suffering from depression or anxiety. It is clear, based upon this systematic literature review, that humour can be very effective in patient care. This could include things like laughter therapy, humour therapy, or even dressing up as a clown. Perhaps at next years' division retreat we will have to take the improv training even one step further!

As always, let us know if you have stories of interest that you would like to have distributed.

Don't forget to connect with our Twitter site @UofT_Physiatry.

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